

# News flash: Going for a walk on a nice day makes you feel better

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 [devblogs.microsoft.com/oldnewthing/20050721-16](http://devblogs.microsoft.com/oldnewthing/20050721-16)

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Scientists continue to amaze us with their research breakthroughs, such as a discovery late last year that going for a walk on a nice day makes you feel better. What would we do without science?

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