Commonly-supported Windows shortcuts for pasting without formatting

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Sometimes you just want to paste as plain text.

Microsoft Edge, Google Chrome, and Mozilla Firefox all support `Ctrl` + `Shift` + `V` as a keyboard shortcut for "paste as plain text." This means that `Ctrl` + `Shift` + `V` also works in browser-based apps, like Teams.

Programs in the Microsoft Office suite naturally do things a little differently, and the way to paste as plain text is to hit `Ctrl` + `Alt` + `V` and then select "Unformatted Text". Alternatively, you can do `Alt` , `H` , `V` , `T` . Note that the keys are pressed and released in sequence, not held simultaneously.

One trick I use if I need to strip formatting from the clipboard is to use the key sequence `Win` + `R` , `Ctrl` + `V` , `Ctrl` + `A` , `Ctrl` + `C` , `Esc` . This opens the Run dialog, pastes the clipboard into the edit box, then copies the text back out.

If I'm on a Web page, I use `Ctrl` + `F` instead of `Win` + `R` , using the Web browser's "Find text on page" dialog as the temporary edit control.

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